

Rang	Dos.	Nom Prénom	Club	M/F	Cat.	Temps	Ecart	Moy	Local
3.1KM									
1.	4894	MOHDHI Alexandre	JACO	M 1	JuH 1	10:39	--	17.4	
2.	4902	DOYE Amno	Smac	M 2	JuH 2	11:33	+0:54	16.1	
3.	4884	PASTEELS Johan	Run Fly	M 3	SeH 1	11:40	+1:01	15.9	
4.	4889	LUYCKX Antoine	Trifly	M 4	JuH 3	11:48	+1:09	15.7	X
5.	4887	PAULET Arnaud		M 5	JuH 4	12:15	+1:36	15.1	X
6.	4832	LEFEBVRE Maël	CS DYLE	M 6	JuH 5	12:23	+1:44	15.0	X
7.	4870	ZARRO Ludovic	Cammaerts	M 7	V1H 1	12:44	+2:05	14.6	
8.	4850	TOM Noel		M 8	JuH 6	12:50	+2:11	14.5	X
9.	4865	RENIER Thomas		M 9	JuH 7	12:51	+2:12	14.4	X
10.	4819	GARCIA Estéban		M 10	JuH 8	13:14	+2:35	14.0	
11.	4907	PUISSIEUX Florian		M 11	EspH 1	13:30	+2:51	13.7	
12.	4911	ANCAUX Cassian	Bc new basket belgrade	M 12	JuH 9	13:40	+3:01	13.6	
13.	4820	GARCIA François-David		M 13	V1H 2	14:05	+3:26	13.2	
14.	4801	ALSTEEN Eva	Q3team	F 1	JuF 1	14:15	+3:36	13.0	
15.	4866	GUÉRENNE Maxendre	RFC rhisnes	M 14	JuH 10	14:16	+3:37	13.0	
16.	4812	DENIS Libert		M 15	JuH 11	14:30	+3:51	12.8	X
17.	4839	MANIQUET Romane		F 2	JuF 2	14:46	+4:07	12.5	
18.	4859	DUPONT Nathanael	RFC rhisnes	M 16	JuH 12	14:46	+4:07	12.5	X
19.	4883	POLET Tristan		M 17	JuH 13	15:08	+4:29	12.2	
20.	4868	MASSIN Raphaël	RFC rhisnes	M 18	JuH 14	15:17	+4:38	12.1	X
21.	4854	PIRET Loan	Fly	M 19	JuH 15	15:21	+4:42	12.1	
22.	4856	LUCAS Mattéo	RFC rhisnes	M 20	JuH 16	15:22	+4:43	12.1	
23.	4873	CUSTINNE Tom	RFC Rhisnois	M 21	JuH 17	15:33	+4:54	11.9	X
24.	4863	DEMOITIÉ Clément	Fc Rhisnes	M 22	JuH 18	15:33	+4:54	11.9	
25.	4833	LEURQUIN Frederic		M 23	V1H 3	15:42	+5:03	11.8	
26.	4877	CRUQUENAIRE Manoé		M 24	JuH 19	15:49	+5:10	11.7	X
27.	4847	ROSALIE Noel		F 3	JuF 3	16:15	+5:36	11.4	X
28.	4838	MANIQUET Camille		F 4	JuF 4	16:30	+5:51	11.2	
29.	4857	NELIS Elsa	RFC rhisnes	F 5	JuF 5	16:30	+5:51	11.2	
30.	4871	ZARRO Sam	Smac	M 25	JuH 20	16:50	+6:11	11.0	
31.	4809	CORENTIN Mouchet		M 26	JuH 21	16:55	+6:16	11.0	
32.	4802	BIAMONT Jean	SMAC	M 27	JuH 22	17:21	+6:42	10.7	X
33.	4892	GUELI Emile		M 28	JuH 23	17:26	+6:47	10.6	
34.	4861	AERTS Arno	RFC rhisnes	M 29	JuH 24	17:54	+7:15	10.3	X
35.	4858	CHEVAL Romain	RFC Rhisnois	M 30	JuH 25	17:56	+7:17	10.3	
36.	4828	JANNA van Kerckhoven		F 6	JuF 6	18:03	+7:24	10.3	X
37.	4869	FRANÇOIS Nathan	OCAN	M 31	JuH 26	18:13	+7:34	10.2	
38.	4807	CLOSON Henri	Best	M 32	JuH 27	18:25	+7:46	10.1	
39.	4885	DESPONTIN Maeline	Ocan	F 7	JuF 7	18:26	+7:47	10.0	
40.	4900	VAN GROE Loris		M 33	JuH 28	18:30	+7:51	10.0	
41.	4817	FELIX Cariat		M 34	JuH 29	18:31	+7:52	10.0	X
42.	4901	RICHARD Celine		M 35	JuH 30	18:44	+8:05	9.9	X
43.	4848	SÉBASTIEN Bedogni		M 36	V1H 4	18:50	+8:11	9.8	
44.	4862	PIRSON Nathan	RFC rhisnes	M 37	JuH 31	18:50	+8:11	9.8	
45.	4825	GUELI Ella		F 8	JuF 8	18:50	+8:11	9.8	
46.	4811	DAICHE Olivier	run fly	M 38	V1H 5	18:53	+8:14	9.8	
47.	4886	DESPONTIN Lounis	Arch	M 39	JuH 32	18:57	+8:18	9.8	
48.	4909	BIOT Helene		F 9	JuF 9	19:06	+8:27	9.7	
49.	4908	DEJARDIN Guillaume		M 40	EspH 2	19:34	+8:55	9.5	X
50.	4803	BINAMÉ Chloé	Us emines	F 10	JuF 10	20:08	+9:29	9.2	
51.	4843	NANCY Jonet		F 11	V2F 1	20:08	+9:29	9.2	
52.	4814	EDGAR Cariat		M 41	JuH 33	20:14	+9:35	9.1	X
53.	4823	GRAINDORGE Sarah		F 12	EspF 1	20:20	+9:41	9.1	
54.	4849	SEELDE Aurore	Run&Fly	F 13	V1F 1	20:20	+9:41	9.1	
55.	4851	VIRGINIE Evrard		F 14	SeF 1	20:25	+9:46	9.1	
56.	4867	MASSIN Frederic	Fc rhisnes	M 42	V1H 6	20:34	+9:55	9.0	X
57.	4914	POSKIN Fiorine		F 15	JuF 11	20:39	+10:00	9.0	
58.	4853	DEBOURG Victor	Run Fly	M 43		20:40	+10:01	9.0	
59.	4888	JACQUET Theo		M 44	JuH 34	20:44	+10:05	8.9	
60.	4836	MAGALI Bodart		F 16	V1F 2	20:49	+10:10	8.9	
61.	4830	KARINE Leclair		F 17	V2F 2	21:10	+10:31	8.7	
62.	4891	COLETTE Léo		M 45	JuH 35	21:11	+10:32	8.7	
63.	4808	CLOSON Oscar	Clacla	M 46	JuH 36	21:12	+10:33	8.7	
64.	4842	MELISSA Brilmaker		F 18	SeF 2	21:12	+10:33	8.7	X
65.	4822	GRAINDORGE Pierre		M 47	JuH 37	21:13	+10:34	8.7	
66.	4827	JADE Geens		F 19	JuF 12	21:34	+10:55	8.6	X

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67.	4852	WARIN Marion		F 20	JuF 13	21:34	+10:55	8.6	X
68.	4840	MANON Pinchart		F 21	JuF 14	21:34	+10:55	8.6	X
69.	4918	GRANDJEAN Florent		M 48	JuH 38	21:41	+11:02	8.5	
70.	4917	GRANDJEAN Guy		M 49	V2H 1	21:42	+11:03	8.5	
71.	4899	COLLIGNON Françoise		F 22	V1F 3	21:46	+11:07	8.5	
72.	4897	EL OUALITI Youssef		M 50	JuH 39	21:48	+11:09	8.5	
73.	4804	CAROLINE Acusilas		F 23	V1F 4	21:49	+11:10	8.5	X
74.	4845	POELS Eva		F 24	JuF 15	21:52	+11:13	8.5	
75.	4844	POELS Arnaud		M 51	V1H 7	21:53	+11:14	8.5	
76.	4913	RHR Lae		F 25	V1F 5	21:53	+11:14	8.5	
77.	4818	FOGUENNE Claude		F 26	V1F 6	21:55	+11:16	8.4	
78.	4835	LISPET Pascaline	Fly	F 27	V1F 7	21:56	+11:17	8.4	
79.	4824	GRÉGORI Vanmeerbeek		M 52	V1H 8	22:16	+11:37	8.3	
80.	4912	LARIELLE Sarah	Run fly	F 28	SeF 3	22:25	+11:46	8.2	X
81.	4813	DURET Maud	Run & Fly	F 29	SeF 4	22:28	+11:49	8.2	X
82.	4905	FROMENT Valentine		F 30	JuF 16	22:29	+11:50	8.2	X
83.	4904	DEKIMPE Sarah		F 31	JuF 17	22:33	+11:54	8.2	X
84.	4829	JEAN-PIERRE Duquesne		M 53	V3H 1	22:33	+11:54	8.2	
85.	4855	GILLES Françoise		F 32	V3F 1	22:33	+11:54	8.2	
86.	4834	LINDA Leroy		F 33	V2F 3	22:33	+11:54	8.2	
87.	4401	ABRAHAM Jessica	RUN FLY	F 34	SeF 5	22:41	+12:02	8.2	X
88.	4903	DUBOIS Héléne		F 35	SeF 6	22:52	+12:13	8.1	
89.	4872	DUBOIS Anne Sophie		F 36	SeF 7	22:53	+12:14	8.1	
90.	4821	GILOU Deward		M 54	JuH 40	22:59	+12:20	8.0	X
91.	4837	MALO Deward		M 55	JuH 41	23:00	+12:21	8.0	X
92.	4805	CHRISTOPHE Deward		M 56	V1H 9	23:02	+12:23	8.0	X
93.	4860	MM ROBAYE Noah	RFC rhisnes	M 57	JuH 42	23:12	+12:33	8.0	X
94.	4906	MONTULET Elina		F 37	JuF 18	23:17	+12:38	7.9	X
95.	4910	BOLLY Lucie		F 38	JuF 19	23:18	+12:39	7.9	
96.	4875	VANDE MAELE Noah	RJAÏsche	M 58	JuH 43	23:39	+13:00	7.8	
97.	4876	VANDE MAELE Léna		F 39	EspF 2	23:39	+13:00	7.8	
98.	4806	CINDY Mamere		F 40	SeF 8	23:55	+13:16	7.7	X
99.	4882	DECAMPS Nathalie		F 41	V1F 8	23:58	+13:19	7.7	X
100.	4846	PONCELET Estelle		F 42	JuF 20	24:04	+13:25	7.7	X
101.	4815	FAUCHEUX Margaux		F 43	JuF 21	24:07	+13:28	7.7	
102.	4841	MARIE Preudhomme		F 44	SeF 9	24:16	+13:37	7.6	
103.	4881	LEROY Justine		F 45	SeF 10	25:04	+14:25	7.4	X
104.	4880	VAN DE SANDE Marion		F 46	SeF 11	25:18	+14:39	7.3	
105.	4893	PUISSIEUX Emilie		F 47	SeF 12	25:40	+15:01	7.2	
106.	4831	LARA Maréchal		F 48	EspF 3	27:09	+16:30	6.8	
107.	4874	DINJART Jean Luc		M 59	V2H 2	27:20	+16:41	6.8	X
108.	4916	VANHAMME Leslie		F 49	EspF 4	28:23	+17:44	6.5	
109.	4915	VANHAMME Rudy		M 60	V2H 3	28:23	+17:44	6.5	
110.	4890	VAN WIJNSBERGHE Robin	Run fly	M 61	JuH 44	28:30	+17:51	6.5	X
111.	4878	MODAVE Nathan		M 62	JuH 45	28:36	+17:57	6.5	
112.	4879	DENIS Florence		F 50	SeF 13	28:50	+18:11	6.4	
113.	4826	HENNART Aline	Fly	F 51	SeF 14	28:52	+18:13	6.4	X
114.	4896	HANSENS Ethan		M 63	JuH 46	30:02	+19:23	6.1	
115.	4898	FERRETTI Marie		F 52	SeF 15	31:49	+21:10	5.8	
116.	4895	TWAHIRWA Tracey		F 53	JuF 22	31:49	+21:10	5.8	